

1 **Monoclinic phase transformations of zirconia-based dental prostheses induced**  
2 **by clinically-practiced surface manipulations**

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14  
15 **Abstract (100 to 200 words)**

16 Full-ceramic zirconia partial-dentures have become very popular amongst  
17 dentists and patients alike, due to their excellent aesthetics and mechanical  
18 properties. We focused on phase transformations on the outermost surfaces of  
19 3 mol-% yttria-stabilised zirconia (Y-TZP) bars of clinically relevant thicknesses  
20 and after surface manipulations encountered in everyday clinical practice: these  
21 are induced by technicians and practitioners while working with the dentures  
22 prior to and during delivery of the constructs to patients. While it is well known  
23 that the high resistance of Y-TZP against crack growth is due to toughening by  
24 a stress-induced phase transformation, the three-dimensional organisation and  
25 thickness of the transformed layer is yet not known. By means of laboratory-  
26 and synchrotron-based X-ray diffraction measurements together with a  
27 multimodal tomographic approach it was possible for the first time to visualise  
28 and quantify the phase transformation non-destructively. The obtained results

1 show that the thickness and the homogeneity of the layers strongly depend on  
2 the severity and mode of loading. Depending on the *in vivo* loading conditions,  
3 the phase transformations may have beneficial effects on the long-term survival  
4 of the dentures or not. All this has important implications for dental practitioners  
5 as to how they should treat these materials after sintering.

6

7 **Keywords** Given by BIOMATERIALS

8 ceramic structure; zirconia;  
9 dental implant **or** dental restorative material  
10 microstructure

11 surface treatment (**or**: modification)

12 XRD (X-ray diffraction)

13 ***non-given keywords we had put in:***

14 *dentistry: partial denture*

15 *phase transformation;*

16 *synchrotron radiation, microtomography*

17

18 **1. Introduction**

19 Due to their excellent aesthetic properties, full-ceramic zirconia-based partial-  
20 dentures have become very popular amongst dentists and patients alike. They  
21 are frequently used in place of the well-established and long-lasting  
22 conventional porcelain-fused to metal dental crowns and bridges. The white  
23 translucent colour of the ceramics gives the artificial teeth a pleasing natural

1 appearance, while the material exhibits excellent inertness and biocompatibility  
2 coupled with favourable mechanical properties: the zirconia-cores provide the  
3 stiffness needed to support and prevent flexing of the external brittle tooth-  
4 shaped porcelain layers, while allowing the dentures to function for mastication  
5 under loads similar to normal teeth. Furthermore, high fracture toughness and  
6 resistance to crack propagation make the zirconia components of such dentures  
7 damage tolerant to an extent that is far greater than is possible by other ceramic  
8 materials [1, 2].

9 A standard preparation method in use by many dental laboratories is based on  
10 machining pre-pressed (non-sintered) blocks/blanks of zirconia that may be  
11 fitted and trimmed to match the specific teeth needing reconstruction. The  
12 shaped constructs are sintered at temperatures of 1350 °C to 1550 °C and are  
13 then covered by aesthetic dental porcelain that is used to provide the tooth  
14 shape, color-shade and function: the porcelain is incrementally placed and  
15 baked until the final tooth form is created [3-7]. The zirconia material most  
16 commonly used for core build-ups of dental crowns and bridges is a partially-  
17 stabilised zirconia ceramic. The pure polycrystalline material attains stability  
18 after adding various dopants, that freeze the tetragonal crystal structure of the  
19 zirconia polycrystals after heating and fusing. [2, 8, 9]. For dental purposes, the  
20 3 mol-% yttria-stabilised zirconia (so-called Y-tetragonal zirconia polycrystals =  
21 Y-TZP) is used: in this material, nearly all of the crystals transform into the  
22 tetragonal phase during sintering and upon cooling, they are “frozen” in a  
23 metastable state, where the yttrium oxide prevents spontaneous transformation  
24 into the thermodynamically stable monoclinic phase. However, as will be  
25 outlined below, following mechanical stimulation, transformation may occur.

1 Ceramic materials are known for their high (compressive) strength which is  
2 usually accompanied by brittleness. In zirconia bioceramics however, the  
3 existence of a transformable phase gives rise to significant toughness and  
4 resistance to crack propagation when the tetragonal microstructure is not fully  
5 stabilised. Thus, Y-TZP ceramics are used because they remain in a  
6 metastable state that potentially transforms into the stable monoclinic phase if  
7 adequate activation energy is provided. This activation energy may originate  
8 from chemical, physical, or mechanical sources and all result in stresses that  
9 induce transformation from the tetragonal to the monoclinic phase (T-M-  
10 transformation). Toughening is obtained because the phase transformation is  
11 accompanied by a 3 to 5 % increase in volume which leads to the development  
12 of a local residual stress field. Specifically, near forming microcracks these  
13 stresses tend to close the crack and lead to shielding of the crack tips from the  
14 externally applied loads which effectively impedes further crack propagation [9-  
15 11]. Thus, Y-TZP structures attain a benign failure behaviour more typical to  
16 metals, and this is of course advantageous for the longevity and reliability of  
17 dentures made from these materials.

18 After sintering and during the porcelain production process of the partial  
19 dentures, technicians mechanically grind, etch and manipulate the outer  
20 surfaces of the zirconia cores. Furthermore upon fitting the completed crowns  
21 and bridges into the mouth, the dental surgeons often need to modify and adapt  
22 the sintered structures with the patient on the chair, and this is commonly done  
23 by mechanical and/or chemical manipulation (e.g. [5, 7]). The stresses induced  
24 by manipulating the dentures with treatments such as machining, sand-blasting  
25 or grinding, promote the T-M transformation much like service loads do. Surface

1 compressive stresses may arise with the potential outcome of increasing the  
2 quasi-static and fatigue strengths of the structures [12, 13]. However, the  
3 transformation may also have negative effects on the mechanical stability of the  
4 dentures: within a certain volume at and below the treated surface, the material  
5 loses all or part of its crack-stopping or crack-retarding capacity.

6 The T-M transformation of PSZ-type ceramics has been investigated by  
7 different groups since it was first described in 1975 [14]. Most work dealt with  
8 the phase transformation around an advancing crack (e.g. [15-19]): the  
9 thickness of the transformation layer and/or the amount of transformed volume  
10 around these cracks has been investigated by various methods, including  
11 transmission electron microscopy [15], X-ray diffraction (XRD) [16-18], and  
12 Raman microprobe spectroscopy [19]. Nevertheless, the exact nature of the  
13 transformed layer with respect to its three-dimensional organisation and extent  
14 and how these depend on widely-used surface manipulation techniques still  
15 remains unknown. For ceria- and yttria-stabilised TZP's, partial transformation  
16 of grains and increasing amounts of transformation have been shown under  
17 indentation or uni- or biaxial stress-controlled loading [9]. Yet, for clinically  
18 relevant materials and surface treatments, the questions still remain open  
19 whether all or only a part of the grains in the affected volume transform and  
20 whether the affected grains transform fully or only to a certain extent.

21 In the present work the phase transformation in a 3 mol-% Y-TZP was studied  
22 in tightly-controlled thin bar-specimens made by conventional dental processing  
23 techniques. The samples of thicknesses frequently encountered in the dental  
24 clinic down to 200  $\mu\text{m}$  were prepared and manipulated using routine dental  
25 procedures and the resulting phase transformations were characterised. The

1 aim of the present work was to describe the influence of everyday routine  
2 clinical manipulation techniques such as grinding on the three-dimensional  
3 organisation of the transformed layer. The thickness of the transformed layer  
4 and local variations in transformation are described on the basis of laboratory  
5 and synchrotron-based XRD-measurements as well as a multimodal  
6 microtomographic approach combining phase-sensitive and powder-diffraction  
7 contrast [20-22]. Based on this, a model to interpret the data and the  
8 consequences is presented.

## 1 **2. Materials and Methods**

2 Y-TZP samples were fabricated in the form of bars, with thicknesses of 200  $\mu\text{m}$   
3 to 1200  $\mu\text{m}$  so as to resemble clinically relevant structures (fig. 1). They were  
4 produced from a commercially available 3 mol-%  $\text{Y}_2\text{O}_3$ -stabilised  $\text{ZrO}_2$  (DC-  
5 Shrink, Bien Air, Bienne, CH). Each sample was cut from bulk “green” (pre-  
6 sintered) blocks, using a water-cooled diamond saw (Isomet – Buehler GmbH,  
7 Duesseldorf, D) and subsequently ground on 1200 grit SiC paper with a micro-  
8 grinding system (400CS – Exakt, Norderstedt, D) to obtain reproducible  
9 cuboids. Following sintering at 1530 °C for 2 h in a VITA Zyrcomat oven (Vita  
10 Zahnfabrik, Bad Saeckingen, D) according to the procedures recommended by  
11 Bien Air [23] the final dimensions of the specimens were 20 x 4 mm<sup>2</sup> in lateral  
12 dimensions, with uniform thicknesses of either 0.2 mm, 0.4 mm, 0.8 mm or 1.2  
13 mm. Following sintering, samples were subjected to surface manipulations that  
14 are commonly encountered in the dental setting: they were either polished with  
15 3  $\mu\text{m}$  diamond paste, cut with the same water-cooled diamond saw used before  
16 sintering, or fractured by 4-point bending until failure in a 10 kN testing device  
17 (Kammrath & Weiss, Dortmund, Germany). As a control for the production and  
18 surface manipulation processes the surface roughness of each specimen ( $R_a$ )  
19 was determined by white light interferometry (IFM 2.1.5 – Alicona Imaging  
20 GmbH, Grambach, A).

21 Samples were observed by scanning electron microscopy (SEM, FEI Quanta  
22 600 FEG, FEI, Eindhoven, NL) prior to undergoing X-ray diffraction analysis in a  
23 laboratory-based XRD-diffractometer (Nonius PDS120, Bruker AXS, Karlsruhe,  
24 D) with an INEL CPS-120 curved position-sensitive detector (INEL Ltd.,  
25 Swindon, UK). All laboratory XRD-measurements were performed in reflection

1 mode using a Cu K<sub>α1</sub> source (λ = 0.15406 nm) with recording times of 12 ~ 24 h  
 2 and an angle of incidence of 5°. For the diffraction angles of the monoclinic and  
 3 tetragonal phases (2θ = 25° – 35°), a penetration depth of approximately 1 to  
 4 3 μm can be calculated from which 75 to 95 % of the diffracted signal stem [24].  
 5 The diffraction patterns were evaluated in order to obtain the relative  
 6 proportions of the monoclinic (X<sub>m</sub>) and cubic (X<sub>c</sub>) phases, determined from the  
 7 ratios, usually of the strongest, peak intensities of the respective phases.  
 8 Therefore, to estimate the proportion between the monoclinic and the  
 9 tetragonal+cubic phases, the (1 1 -1)<sub>m</sub>, (1 1 1)<sub>m</sub> and (1 1 1)<sub>t+c</sub> peaks were used.  
 10 However, as the tetragonal and cubic (1 1 1) peaks cannot be separated, the  
 11 sum of the (0 0 4)<sub>t</sub> and (2 2 0)<sub>t</sub> tetragonal peaks and the (4 0 0)<sub>c</sub> cubic peak  
 12 were used to estimate the variations in the proportions of these two phases [14,  
 13 16, 17]:

$$14 \quad X_m = \frac{1.311(I_m(11-1) + I_m(111))}{I_m(11-1) + 1.311(I_m(111) + I_t(111))} \quad (1)$$

15 and

$$16 \quad X_c = 1 - \frac{I_t(004) + I_t(400)}{I_t(004) + I_t(400) + I_c(400)} \quad (2)$$

17 where I<sub>m/t/c</sub> represent the integrated intensities calculated by fitting the  
 18 corresponding peaks with a Pseudo-Voigt distribution and determining the area  
 19 under the curves.

20 Two of the bar samples were used to create small triangular shaped splinters of  
 21 decreasing thickness for measurements by phase-sensitive full-field  
 22 microtomography and scanning tomography with powder-diffraction based

1 contrast (XRD- $\mu$ CT) [21, 25-27]. Experiments were carried out on the nano-  
2 probe station ID22NI of the European Synchrotron Radiation Facility [20, 28].  
3 Figure 1 shows a schematic representation of the sample preparation and the  
4 XRD-measurements that were performed.

5 For all measurements, an X-ray beam focused by a multilayer KB-optics was  
6 employed. For the phase-sensitive full-field microtomography, ID22NI was  
7 operated in the pink beam mode at an X-ray photon energy of 17 keV. The  
8 sample was placed approximately 230 mm downstream of the position of the  
9 focal spot of the KB-optics (spot size 130 nm x 130 nm), 1500 projection images  
10 were recorded over 180° rotation, each sampled with an effective pixel size of  
11 approximately 0.4  $\mu$ m (FReLoN 4m CCD camera with 25x magnification visible  
12 light optics and 24  $\mu$ m-thin Tb-doped Lu<sub>2</sub>SiO<sub>5</sub>-scintillator [29]). Phase-retrieval  
13 on the acquired images was performed using a single-distance non-iterative  
14 algorithm via the ImageJ plugin ANKAphase [30]. This approach yields lower  
15 spatial resolution compared to, for example, holotomography, but is more robust  
16 towards sample instabilities as only one tomographic scan is required [25].  
17 Tomographic data were reconstructed using the ESRF package PyHST [31]  
18 and visualised by VGStudioMax (Volume Graphics GmbH, Heidelberg, D). The  
19 tomographic volume images were used to select a region in one of the samples  
20 that was sufficiently thin so as to fit into the field of view for XRD- $\mu$ CT with a  
21 nano-focused beam.

22 For collecting powder-diffraction patterns, ID22NI was switched to  
23 monochromatic operation by employing a double-crystal monochromator  
24 (Si(111) reflection) at an X-ray photon energy of 17 keV. Transmission  
25 diffraction images were acquired by scanning the specimen through the focal

1 spot of the KB-optics (spot size of approximately 200 nm x 200 nm) with the  
2 corresponding detector placed 150 mm away from the sample (FReLoN 4m  
3 with demagnifying taper optics, approximately 52  $\mu\text{m}$  pixel size). For XRD- $\mu\text{CT}$ ,  
4 diffraction patterns were acquired by translating and then rotating the sample so  
5 as to obtain diffraction patterns on a single horizontal plane. As described in  
6 detail elsewhere [20, 22] the powder diffraction patterns were collected by  
7 recording 61 diffraction patterns on a line across the sample tip and then  
8 rotating the sample: measurements were then repeated over  $180^\circ$  in 151  
9 angular steps [22] yielding a total of almost 10'000 diffraction images in  
10 transmission. Data was then processed with the free software package XRDU  
11 [27] where XRD- $\mu\text{CT}$  peak-intensity slices were reconstructed, depicting the  
12 spatial phase distributions of monoclinic and tetragonal phases. Additionally, a  
13 series of diffraction patterns was acquired by mapping a grid across the sample  
14 that had been ground on one side (see outline of scanned region in fig. 5).  
15 5'800 diffraction patterns were obtained at vertical and horizontal increments of  
16 5.0  $\mu\text{m}$  and 1.0  $\mu\text{m}$  across the surface, respectively (25 lines, each 234 steps).  
17 These diffraction patterns were used to quantify the amount of monoclinic  
18 fraction as outlined above for the laboratory-based measurements, providing a  
19 detailed sub-micrometer spatial distribution of the T-M transformed regions on  
20 the ground zirconia surface.

21

### 22 **3. Results**

23 SEM-imaging revealed a very fine-grained and homogeneous texture for the  
24 polished and subsequently sintered surfaces, as shown for example in fig. 2a.

1 Most grains have diameters spanning 0.3 to 1  $\mu\text{m}$ . Within the tetragonal matrix,  
2 single larger cubic grains (see for example the delineated black lines in the  
3 figure) with diameters of 1 to 1.5  $\mu\text{m}$  are seen. The average surface roughness  
4 ( $R_a$ ), as measured by white-light interferometry was around  $0.90 \pm 0.05 \mu\text{m}$  for  
5 the specimens after polishing, but before sintering,  $1.32 \pm 0.08 \mu\text{m}$  for the  
6 sintered specimens and  $0.78 \pm 0.08 \mu\text{m}$  for the specimens polished after  
7 sintering. Cutting as well as fracturing in 4-point bending lead to much higher  
8 roughness values. These are above the measuring range of the interferometer  
9 of 4  $\mu\text{m}$ . In the SEM-micrographs, the fractured surfaces appeared ragged and  
10 homogeneous at lower magnifications. Cracks seem to have progressed in  
11 different planes, resulting in steps on the fracture surface where the different  
12 crack planes met (arrow). Further, secondary cracks were observed (dashed  
13 arrow). At higher magnifications (figs. 2c and d), different morphologies can be  
14 distinguished: poorly structured areas of intergranular fracture of the tetragonal  
15 grains which appear glazed due to the glass phase at the grain boundaries  
16 usually observed in Y-TZP ceramics [F] (fig. 2c) are interspersed with smaller  
17 areas of irregular feathery topography (fig. 2d) which is typical for monoclinically  
18 transformed grains.

19 In figure 3, typical reflection XRD-patterns, acquired with the laboratory  
20 instrument, of the sintered, polished, and fractured surfaces of 400  $\mu\text{m}$ -thick bar  
21 specimens are given. As to be expected, the typical peaks for the tetragonal  
22 (JCPDS file no. 42-1164), cubic (JCPDS file no. 49-1642) and monoclinic phase  
23 (JCPDS file no. 37-1484) are present. An average integrated intensity profile for  
24 the diffraction patterns acquired with the nm-sized beam in transmission at  
25 ID22NI is also shown. All intensities are given as relative values normalised with

1 respect to the tetragonal (1 1 1)-peaks. The Y-TZP phase proportions in the  
2 sintered and polished state (figs. 3a and b) based on equations 1 and 2 were  
3 approximately 90 % tetragonal, 8 % cubic, and 2 % monoclinic. While fracturing  
4 lead to a large increase in the relative proportion of the monoclinic phase, with  
5 values around 15 % (fig. 3c), the laboratory-based measurements on the cut  
6 surface gave values in the range of 2 % monoclinic phase, similar to the  
7 sintered and polished surfaces. The diffraction pattern shown in fig. 3d was  
8 determined in transmission mode from the synchrotron-XRD mapping  
9 experiment. The line plot in this figure is integrated from the average diffraction  
10 pattern obtained from all points on an area of 50  $\mu\text{m}$  by 50  $\mu\text{m}$  on the cut  
11 surface, where traces of monoclinic phase were detected. From about 600  
12 transmission diffraction patterns collected, less than 7 % contained diffraction  
13 peaks relating to the monoclinic transformation. From the few points that did  
14 undergo transformation we found an average transformation percentage of  
15 0.09 %. If the diffraction patterns are not averaged, but summed up, a slightly  
16 lower percentage of the monoclinic phase in the range of 0.05 % is determined.  
17 A map depicting the distribution of points showing zones of monoclinic  
18 transformation is shown - colour coded - in fig. 4. It is clear that the extent and  
19 distribution of the monoclinic transformation varies substantially in the plane of  
20 the cut surface. Overall, the monoclinic signal is extremely weak and the phase  
21 was not detectable in many surface points suggesting negligible or no  
22 monoclinic phase transformation in most regions across the surface.

23 The high-resolution tomography scans provided sub-micrometer details about  
24 the sample geometries and surface structure. Figure 5a shows the tomogram of  
25 the splinter specimen. The integrated sketch gives an idea of the location of the

1 mapped area and the orientation relationship of the X-rays and the differently  
2 modified surfaces of the specimen. A complicated fracture surface with ragged  
3 morphology is seen on the upper tip region where fracture was induced during  
4 the preparation of the splinter tip. Actually, two fracture surfaces were produced:  
5 one with a more ragged morphology and oriented at an angle of about 30° to  
6 the longitudinal axis of the specimen (fig. 5b), and one which appears less  
7 rough and is inclined at a more acute angle of approximately 50° to the  
8 longitudinal direction. In the following, the latter side is referred to as “chipped”.  
9 A rough surface with scratches caused by the diamond knife is seen on the  
10 sample side corresponding to the morphology of the cut surface as shown in the  
11 SEM-micrograph in fig. 5c. Slicing beneath this surface reveals that the  
12 scratches due to the diamond knife are more than 3 μm deep (fig. 5d). The  
13 value corresponds well with the estimates from the roughness measurements  
14 given above.

15 The XRD-μCT data and corresponding tomographic reconstructions revealed  
16 the spatial distribution of intensities of peaks in the transmission nano-diffraction  
17 patterns. Due to the nano-focused beam and the polycrystalline nature of the  
18 sample, high intensity spots dominate all diffraction patterns, with extreme  
19 intensity fluctuations seen along lines on rings corresponding to the known  
20 diffraction pattern of the tetragonal and monoclinic phases in Y-TZP [JCPDS  
21 files nos. 42-1164, 37-1484]. The identification of the tetragonal and monoclinic  
22 phases in the XRD-μCT data was performed based on the averaged diffraction  
23 pattern of almost 10'000 diffraction images acquired while subsequently  
24 translating and rotating the specimen, where crystal orientations and diffraction  
25 spots fuse to become continuous rings. Upon reconstruction, the distribution of

1 identified phases is seen on a slice across the tip of the specimen as shown in  
2 fig 6. The XRD- $\mu$ CT images in figs. 6a and b depict the appearance of the  
3 monoclinic (blue) and the tetragonal (yellow) phase within a 200 nm-thick  
4 plane/slice corresponding to the path traversed by the nano X-ray beam upon  
5 translation and rotation of the splinter tip. Figure 6c shows the two phases  
6 overlaid, clearly revealing the existence of a monoclinic phase only on the outer  
7 margins of the slice. Our diffraction patterns of the polycrystalline Y-TZP  
8 obtained using a nano-focused beam preclude precise quantification of the  
9 amount of monoclinic phase based on the diffraction intensity. However due to  
10 the beam size, we are able to locate the thickness of the layer where monoclinic  
11 transformation occurred to within +/- 200 nm. As can be seen, the tetragonal  
12 signal appears throughout the entire slice, as expected. The thickness of the  
13 transformed layer is about 1  $\mu$ m for the cut and the chipped sides, while on the  
14 fractured side, a thicker and very inhomogeneous layer of 2 to 5  $\mu$ m  
15 transformed zone can be seen. Note in particular the rugged and convoluted  
16 margins of the inner interface between the pure tetragonal and the mixed  
17 tetragonal-monoclinic zone on the fractured side.

18

## 19 **4. Discussion**

### 20 **Transformation layer**

21 The results of this study shed light on several elusive aspects of surface  
22 transformations occurring in a standard Y-TZP product, representing what is  
23 commercially available and in wide clinical dental use. We are concerned  
24 mainly with the phase transformations occurring on the outermost surfaces of

1 the biomaterials that form the backbone of partial dentures: parts of the  
2 structure that are used to seat crowns and bridges on teeth or implants where  
3 the zirconia is not covered with aesthetic tooth-form porcelain. Transformations  
4 of these surfaces are induced by technicians and practitioners while working  
5 with the dentures prior to and during delivery of the constructs to patients.  
6 Zirconia dentures are meant to be bonded to the teeth, and this is normally  
7 achieved by roughening the denture surfaces so as to create mechanical  
8 interlocking when applying luting cements. Understanding the microstructure  
9 and transformations within the surface outermost layers (several micrometers  
10 thick) is of paramount importance for long-term and maintenance-free service  
11 times in the oral cavity. Necessary surface manipulations such as cutting,  
12 grinding or polishing by air-borne particle abrasion (e.g. [5, 7]) obviously change  
13 the surface morphology and help improve the denture fit. However these  
14 treatments - and especially accidental chippings - also affect the microstructure  
15 and in particular they may compromise strength and/or toughness. It is perhaps  
16 because of this, that cracking is seen on zirconia surfaces that are aggressively  
17 prepared (e.g. [5]).

18 Our results show that gentle water-cooled diamond-knife sawing ("cut" surface)  
19 resulted in a very low degree of tetragonal to monoclinic transformation, even  
20 though scratches several micrometers deep ( $> 3 \mu\text{m}$ ) were created. Fracture  
21 and cracking however resulted in transformed zones that were up to several  
22 micrometers thick with locally varying thicknesses across the surface.  
23 Presumably the toughness and crack resistance of these zones is significantly  
24 reduced, and consequently such surfaces would be prone to delamination or  
25 even whole-denture fracture under cyclic mechanical loading in the mouth.

1 The monoclinic proportions determined from the various reflection and  
2 transmission XRD-measurements in our experiments are in good agreement  
3 with values reported previously, based on XRD or Raman spectroscopy [18,  
4 19]. However, the synchrotron measurements allowed for the first time to reveal  
5 the full extent of the surface transformations induced by slow water-cooled  
6 cutting. Clearly slow water-cooled milling should be preferred when  
7 manipulating these dentures while working with the patient.

8 Our map of diffraction patterns determined from more than 3000 points sized  
9 200 nm by 200 nm on a rectangular grid on the diamond-sawed (“cut”) face of  
10 our sample revealed a fine and surprisingly low density of monoclinic  
11 transformed regions. The few points that did exhibit some presence of a  
12 monoclinic phase presented an extremely low proportion as compared to  
13 previous reports. This may be explained by understanding the origin of the  
14 signal in our experiment: whereas the monoclinic signal only stems from the thin  
15 transformation layer on the cut sample surface, the whole 160  $\mu\text{m}$ -thick bulk  
16 volume of the specimen contributes to the tetragonal signal in the diffraction  
17 patterns. This leads to a relatively weak monoclinic and a relatively strong  
18 tetragonal signal, resulting in low ratios for the monoclinic phase. In contrast, in  
19 reflection mode, the signal stems from a layer 1 to 1.5  $\mu\text{m}$  thick which is  
20 approximately the thickness of the transformation layer as we know from the  
21 XRD- $\mu\text{CT}$  results. Consequently, higher proportions of the monoclinic phase are  
22 calculated, because the tetragonal signal is relatively weaker. Figure 7 clarifies  
23 this concept. Hereby, monoclinic transformation is indicated by partially grey  
24 grains.

1 The results of the mapping XRD-experiments further allow us to estimate the  
2 transformation layer geometry, based on several different model assumptions  
3 on possible ways that transformation might take place (fig. 8). From earlier work  
4 describing an increasing monoclinic proportion with increasing load [F] it may be  
5 assumed that, depending on the severity of loading, grains may transform fully  
6 (100 %; “grey” grains) or to a certain percentage (x %; partially grey grains)  
7 within the surface layer. With increasing depth, the outer loading conditions  
8 change as does the internal stress state. When the transformed volume is at a  
9 free surface or near a pore, the restraints are much lower than if it is fully  
10 surrounded by other grains. Based on this, a realistic set-up might be a high  
11 degree of transformation near the free surface, gradually decreasing with  
12 increasing distance into the bulk. However, two extreme conditions may arise:  
13 100 % transformation in 100 % of the grains versus partial transformation in  
14 some percentage of the grains. With an estimated path length of 160  $\mu\text{m}$   
15 through the bulk (essentially 100 % tetragonal), a measured monoclinic phase  
16 fraction in the range of 0.5 %, and neglecting attenuation, a layer thickness of  
17 0.8  $\mu\text{m}$  may be estimated for the first case. If we assume only 10 %  
18 transformation and this – based on the results of the mapping experiment – in  
19 only 7 % of the grains, the layer would be about 700  $\mu\text{m}$  thick. Clearly,  
20 considering the results of the XRD- $\mu\text{CT}$  measurements, the latter case  
21 overestimates the layer thickness by far.

22 As shown above, the mapping showed many points with apparently no  
23 transformation, while the XRD- $\mu\text{CT}$  measurements showed a more continuous  
24 layer of transformation, even though single “holes” in the monoclinic layer are  
25 visible. This apparent contradiction may be explained as follows: in the case of

1 the XRD- $\mu$ CT measurements, the X-rays travel through a volume with a  
2 thickness of about 10  $\mu$ m to 25  $\mu$ m, while in the mapping experiment, the  
3 radiographed volume was approximately 160  $\mu$ m thick. Because of the different  
4 ratios of the transformed layer thickness to the bulk thickness with no  
5 transformation, clearly, for the tomographic XRD- $\mu$ CT slice, the monoclinic  
6 signal appears relatively much stronger as compared to the mapped volume.  
7 Additionally, in the case of XRD- $\mu$ CT, nearly the full volume was scanned: the  
8 distance of the measuring points is about 400 nm, and therefore much lower  
9 than in the mapping experiment (1  $\mu$ m). This is in the range of the grain size, so  
10 that only a part of the actually transformed volume contributes to the signal. It is  
11 most likely, therefore, that the transformed fraction varies locally, with the rare  
12 occasion of zero transformation.

### 13 **Clinical relevance**

14 In the present work, the phase transformation in zirconia structures of clinically  
15 relevant sizes and surface treatments was investigated by combining different  
16 methods to probe the surface and the bulk. By means of hard synchrotron  
17 radiation and a multimodal tomographic approach it was possible for the first  
18 time to actually visualize and quantify the depth of the transformation layer non-  
19 destructively, following different surface treatments. Transformation toughening  
20 is the most important mechanism responsible for the benign failure behaviour of  
21 zirconia ceramics of the Y-TZP group of materials. To retain as much as  
22 possible of the original tooth, crowns and bridge structures are often very thin,  
23 and moreover they are often manipulated mechanically and/or chemically after  
24 sintering: either by the dental technician to prepare the surface of the artificial  
25 tooth for blending with a porcelain layer thereby increasing the interfacial

1 strength, or by the dentist to adapt and prepare the inner surface of the  
2 construct before connecting it to the remnants of the natural tooth. Mechanical  
3 manipulations such as cutting, grinding, polishing, or sand-blasting incur the  
4 possibility of a stress-induced local phase transformation near the surface,  
5 introducing beneficial compressive stresses but also reducing the toughening  
6 capacities of the material. Whether the negative or positive effects prevail,  
7 strongly depends on the local loading situation. For example, the inner surface  
8 of the artificial tooth, or the lower surface of a bridge connector, may be  
9 assumed to experience cyclic tensile loads under usual chewing conditions.  
10 Under these circumstances, a compressive residual stress state will be  
11 beneficial as the service loads felt by the structure are decreased. Moreover, as  
12 fracture mechanics show (Marshall et al. 1990), there is a decreased crack tip  
13 shielding for stress intensities lower than a critical value, which is usually the  
14 case for cyclic loading. When overloads occur however, the situation reverses,  
15 and the lack of transformation toughening in the surface allows cracks to grow  
16 more rapidly into the bulk.

17 The reported results show an inhomogeneous transformation layer strongly  
18 dependent on the severity and mode of loading and give important hints for the  
19 treatment of Y-TZP-based partial dentures in everyday clinical practice. Dentists  
20 and dental technicians should take great care in how they treat the sintered  
21 structures. Necessary machining has to take into consideration that certain  
22 areas in the denture may benefit from surface phase transformations, while  
23 others have to be treated in a gentle way to keep the phase transformation in  
24 the surface to a minimum to retain the toughening mechanism. Thereby,  
25 premature failure of bonded layers in these structures after short service times

1 or due to (moderate) overloads can be avoided. Further work is necessary to  
2 achieve a better understanding of just how different treatments change the  
3 mechanical behaviour of zirconia structures under *in vivo* loading conditions.

## 4 5 **5. Conclusions**

6 In the present work, we were concerned with the phase transformation following  
7 clinically relevant surface treatments of yttria-stabilised zirconia bioceramic bars  
8 of thicknesses generally encountered in dental practice:

- 9 • Surface manipulations gently performed like water-cooled diamond  
10 sawing lead to a clearly defined, very thin transformed surface layer  
11 while fracturing and cracking result in much thicker and inhomogeneous  
12 transformation zones.
- 13 • As transformation strongly depends on the severity and mode of loading,  
14 the thickness of the layer and the amount of transformed phase may be  
15 influenced by the choice of surface treatment.
- 16 • Depending on the location within a denture, the corresponding everyday  
17 loading mode, and unforeseen single extreme loading events, phase  
18 transformations in the surface may be beneficial or not.
- 19 • Therefore, the results imply that dental technicians and practitioners  
20 should take great care when mechanically manipulating Y-TZP dentures  
21 after sintering.

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7 [the-origin-of-fracture-resistance-in-dentine-and-ceramic-composites](http://spp1420.mpikg.mpg.de/projects/hierarchy-of-microstructural-features-as-the-origin-of-fracture-resistance-in-dentine-and-ceramic-composites)) within the  
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9

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47  
48 I think reference 9 should be this book (Green et al.) and not Claussen et al.; please

49 check this! If Claussen et al. applies to where it is cited, fine, but then Green et

50 al. have to be cited at that part as well. And anyway, we need Green et al. to be

51 included as it is cited in the text under "F"

52

1 Further, this reference has to be added – also see text.

2 **Marshall et al. 1990**: D.B. Marshall, M.C. Shaw, R.H. Dauskard, R.O. Ritchie, M.J.  
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6

7

1 **Figure captions:**

2  
3  
4 **Figure 1:** Survey of specimen treatments and measurements; note that the  
5 specimens are not shown to scale: the bar specimens have lateral  
6 dimensions of 20 mm x 4 mm and thicknesses of 0.2 mm, 0.4 mm or  
7 0.8 mm. The dimensions of the splinter are in the 10  $\mu\text{m}$  to 100  $\mu\text{m}$   
8 range.

9  
10 **Figure 2:** SEM-micrographs of sintered (a) and fractured (b) surfaces of the bar  
11 specimens. The black lines in (a) delineate cubic grains. The  
12 micrographs (c) and (d) show magnified views of the tetragonal and  
13 monoclinic areas of the fracture surface, respectively.

14  
15 **Figure 3:** Typical reflection XRD-patterns, acquired with the laboratory  
16 instrument, of the sintered (a), polished (b), and fractured (c)  
17 surfaces of 400  $\mu\text{m}$ -thick bar specimens, and averaged  
18 transmission XRD-pattern, acquired with the synchrotron set-up  
19 (d).

20  
21 **Figure 4:** Distribution of the monoclinic phase fraction for the area of the  
22 splinter specimen scanned in the synchrotron mapping  
23 experiment. The different scales in images (a) and (b) highlight the  
24 very low transformation rate with only locally higher  
25 transformation.

26  
27 **Figure 5:** Tomogram (a) of splinter specimen depicting the surface  
28 manipulations and the volume scanned in the mapping  
29 experiment. The SEM-micrographs (b) and (c) show the  
30 microstructure of the fracture surface of the splinter tip and of the  
31 cut surface. The section shown in (d) is a reconstructed slice of  
32 the cut surface to highlight the depth of the cutting lines.

33  
34 **Figure 6:** Spatial distribution of the monoclinic (a) and tetragonal (b) phases  
35 in a slice of the splinter tip achieved by tomographic  
36 reconstructions of the XRD- $\mu\text{CT}$  data. The two images are  
37 overlaid in (c).

38  
39 **Figure 7:** Schematic drawing of the origin of the XRD-signals of the  
40 monoclinic and tetragonal phases in transmission (a) and  
41 reflection (b) experiments. The white hexagons depict tetragonal  
42 grains, grey colouring of grains indicates partial monoclinic  
43 transformation.

44  
45 **Figure 8:** Schematic representation of transformed layer thickness for  
46 different transformation models: all or some grains may either  
47 transform fully or partially. The white and grey hexagons depict  
48 fully tetragonal and monoclinic grains; partial grey colouring of  
49 grains indicates partial monoclinic transformation.